

Tutwiler CLINIC & OUTREACH

Tutwiler, Mississippi

(662)345-8334

www.tutwilerclinic.org

Fall 2012

To all our Dear Friends of the Tutwiler Clinic

The other night when I was returning home from the hospital, my attention was drawn to strange lights moving back and forth in one of the cotton fields off to my left, looking like spooky space ships landing! I smiled to myself, thinking, what would I do to communicate with an alien?



Then I got to thinking about why my skin wasn't crawling in fear—it was just the cotton pickers trying to outrun the predicted downpour! I was at ease with my understanding of what was really going on—but my thoughts turned to my patients, sick, and terrified because they *didn't* understand their symptoms, and becoming more ill just from worry...not knowing if they would be able to get better or even get care because of not being able to pay for tests or Rx.

So, you are right on the front lines of care with all our staff, becoming a kind helper rather than an alien, erasing worry and terror as you make it possible for us to provide medicines and testing for our needy patients. What a wonderful gift you are to so many people! What great gratitude rises from our hearts to yours! It is always inadequate, this language of ours, but I know you know how precious to us is your concern and willingness to help. **THANK YOU!!** And may our loving God hold you close, keep you safe, and give you many blessings!

Sister Anne Brooks, MD + Staff

Holiday Wish List

- Footballs, basketballs, toddler's balls
- Legos – medium to large size pieces
- Games – Monopoly, Uno, Connect Four
Dominos
- Hand-held games
- Dolls – African American, if possible
- Toddler toys – toy phones, cars, trucks
Push/pull toys, musical toys
- Educational baby toys
- Coloring books – Christmas and regular
- Teen hair supplies
- Jewelry, wallets, purses, watches
- New stuffed animals
- Sports head bands
- Athletic socks – kids and adults
- Adult sweats – large & larger sizes
- Holiday hand towels, treats, etc.
- Grocery Tote Bags
- Personal products – soap, deodorant
Lotion (10-12 oz. size), etc.
- Bath towels, wash cloths
- Gift cards for McDonald's, Wendy's
Wal-Mart
- Fleece Throws



**Children love their new backpacks.
Thanks to all who sent them!**

Clinic Outreach

Bargain Barn

If we had printed this in color, you would see that our Bargain Barn is sporting a fresh coat of light green paint, thanks to the work of Magnolia's two sons, Tony and Chris. Our customers love it and one even decided to paint her living room the same color!



Bargain Barn

Your Donations

Do you ever wonder what happens to your donations? Follow me on a tour!

- Ø Our boxes are received from the Post Office, UPS, FED EX and personal delivery.
- Ø We record every donor's name and address, **hoping you've included this info inside the box too!**
- Ø Your donations are sorted by their destination: Clinic, Community Center, and Bargain Barn.
- Ø All torn and badly spotted clothes are discarded. We are proud to offer clean, fresh, gently worn clothing.
- Ø Clothing donations are hung or folded and put out for the folks in the area.

There is no way our Bargain Barn could continue without your help, and we are very, very grateful for all you send. THANK YOU!!

Baby Outreach

We do receive from you some very special, brand new and very gently used, baby clothes. Our outreach provides some pediatric visiting nurses with baby clothes, infant books, blankets etc. for children they visit throughout the county. What a gift these donations are for the "little people" of our area. THANK YOU!



My friend Ja'Marion Harris

"Goodie Bag"

Everyone loves a surprise package, right? Often when the last patient of the day is still in the waiting room, or when there's been a delay and someone has been in the clinic a long time, that's the moment for a surprise package!

You've helped us prepare some wonderful selections of personal products, maybe some socks, or even a towel and face cloth all fixed up in a tote bag you've shared with us! Folks love getting one of these.



'Goodies' for goodie bags

Kitchen Day

We were blessed by Wisconsin friends with many, many new and gently used kitchen items from crock pots to dish cloths! We nearly had to move the walls of the Barn out in order to accommodate the big turnout! Lots of excitement, laughter, treasures, and gratitude for planning that day. "I really needed what I found!"

Birthday Treats

For many people, birthdays are just another day. Our nurses keep an eye out for the date of birth of our patients and very often your odds and ends have enabled us to share a small birthday treat. (Oh, by the way---folks have wised up and sometimes will make sure their appointment is very near their birthday!

Little People of our area

Children certainly know how to make one's day complete. As a five yr. old was about to leave the clinic, she turned around at the door and called across the waiting room to Sr. Joann: "Good by, my friend!"

**Happy Holidays
To all of our friends!**

Doctor's Rounds

Why we have Thanksgiving Day:

At nursing home No. 1:

He is 25; a recent terrible car accident has left him with traumatic brain injury. He hates the feeding tube in his stomach, and tries to communicate that to me each time I see him. As I looked at him this day, eyes closed, breathing regular, I saw again the framed photo in the bed next to his head, so he could always see it. A dear child, looking to be about 3, gazes out, with a hint of an impish smile.

At house call No 1;

She was 15 and pregnant when she got measles—such a bad case she got a brain infection we call encephalitis. Now she is 50, cared for so lovingly by her parents in this tiny pre-war house. Speaking loudly and stroking her hair, I say my name, and am rewarded by a faint sweet smile. All these years, never a bed sore or infection, she is surrounded by siblings and second generation kids, all stimulating her daily.

In the clinic, room 7:

An 8 month old with a cold helped me by crying loudly so I can really see her throat!

At nursing home No 2:

He was showing off for his girlfriend when he was 18, down the road in the next town, in front of the city hall, playing Russian roulette, And he lost, the bullet entering his neck and making him an instant quadriplegic, and I still remember his trembling voice, telling me he couldn't feel his feet or his hands as I was trying to start his IV through my tears.. Now 45, he can give you all the recent scores and name the players on each team, complete with his own assessment of their abilities, and his jovial disposition brings staff and friends to his bedside to enjoy movies with him.

In the hospital, 3rd floor:

A feisty lady, very energetic at 92, still had a few front teeth, even a few gold ones, and it didn't take much for her to protect herself by a bite here and deep scratches there as I tried to do her admitting exam for an amputation of a gangrenous leg. Nurses smiled knowingly as I asked for a band aid!

In the clinic, Dr's office:

A plate-load of brownies, a crowd of employees spoil me and celebrate National Boss's Day!

At home, after the clinic has closed:

Fervent prayers of blessing for all of you, our dear friends from near and far, whose generosity and concern and thoughtfulness and compassion always help our patients and staff - We can never thank you enough for all you do to keep us going! May our loving God hold you close and give you the blessings you need the most!

Medical Needs, Fall 2012

The weather cannot make up its mind to be hot or cold! Sneezes and wheezes can't be too far behind. Our need for generic and over the counter medicines is ever more urgent as the slow economic picture continues.

Our medicine needs are:

ACE inhibitors
Calcium Channel blockers, diuretics
Inhalers
Anti-lipids
Antibiotics for adults and children
Oral anti-diabetic

We can use the generic over the counter medicines

such as : Prilosec, Pepcid etc
Ibuprofen, Naproxyn, Aspirin 81mg., etc.
Claritin
All types of sugar free cough and cold tablets
Creams and ointments, cortisone, antibiotic and antifungal

Supplies:

Band-Aids, 1 inch
ace wraps (new 2,3,4,6 inch)
sterile 4x4's
telfa pads
Contour (regular) diabetic test strips

Outstanding Physician of the Year

Much to my surprise, I recently found myself on stage in San Diego—embarrassed by accolades, having been awarded the distinction of “Outstanding Physician of the Year” by the American Osteopathic Foundation! What joy to be able to thank in person my extended family of colleagues, who as my inspirations, my mentors and friends and healers through the past 30 years, gathered from around the country to celebrate!

Thank you, God, for all these wonderful folks, who through the years have encouraged and supported me, making it possible for me and our staff to care for our patients in the Mississippi Delta.



NEWS FROM THE TUTWILER COMMUNITY EDUCATION CENTER (TCEC)

(Your neighbors down the block!)

SUMMER PROGRAMS

Our Summer Programs were fun and enriching for children 7 to 12 years old and teenagers too. We offered gym activities, games, computer room, life skills, field trips, cooking, music and swimming. Fifty to sixty young people came to the Center in the afternoons and evenings to participate in fun enriching activities.

*"Kids in the Kitchen" is always a favorite activity for the children who love to help prepare and eat the afternoon healthy snack.

*Mrs. Spurlock in the Peace Room did lessons on respect, anger management, the health dangers of smoking and many more topics.

*Mrs. Johnson, with helpers Beverly Ann Willis and James Webb, kept the children fit and active with exercise and sports activities. She ended the last 10 minutes of each session with a few rounds of SIMON SAYS..... She said she wanted to exercise the children's minds as well as their bodies! Mrs. Johnson started out slowly but as the children got better at listening and not getting "out" she went so fast she sounded like an auctioneer! Every day whoever was left standing would receive a small prize. The children loved this. "...SIMON SAYS was very fun..."

Schuyler Jackson age 12



Future Chefs!

HABITAT

Our Habitat Program is slow but steady and we continue to build houses! We signed deeds with two families for houses 35 and 36. The Shereds and the Herd families now are in their new houses that they helped to build. We are now working on houses # 37 and 38. Thanks to so many college and church groups we have a steady stream of volunteers that come to Tutwiler to help build our houses. During the summer we had people from the Shiel Center of Northwest University who have been coming for 10 years and people from St. Thomas the Apostle Church in Naperville, IL who also have been coming for many years. Our good friends from La Canada, California came in October to help us start house #39. If you want more information about Habitat contact Sister Maureen at 662 345-8393.



**Villanova students hard at work outside
Habitat House #37.**

TCEC Staff

Full Time

SNJM, Exec. Director

Lucinda Berryhill, Administrative Assistant

Mary Ann Willis-Mackey, Assistant to the Director,

Mary Ann Meeks, Assistant to the Director

Nicole Harris, Technology & Development

Part Time

Genether Miller-Spurlock, Education Coordinator

Sr. Joann Blomme, O.P. Quilt Program

Gloria Young, Allie Lewis Maintenance

Latisha Gill Children's Programs

7 Part time coaches, 10 Teen Helpers

TEEN HELPERS

We were very blessed to have ten great Teen Helpers this summer. They ranged from sophomores in high school to a sophomore in college. Each one brought skills and talents that added quality to our programs. They served as positive role models for the children and the children looked up to them. Hats off to a great group of teens. Here are some of their reflections:

“My job as a Teen Helper was a great experience. It gave me a better understanding of kids, and helped me gain knowledge of how to handle different attitudes. I am very fond of kids and I hope I left an impression on them as they did on me.”

Jonathan age 16

“During my time at TCEC I enjoyed interacting with kids. It means a lot to me to be a role model, because some kids don't have a person to look up to.”

Justice age 17

“Being a Teen Helper has been a wonderful experience. It gave me the opportunity to work with children in the community. My social skills have increased and my patience with children has become better. This has been a wonderful summer for me.”

Teyairra age 18



Great group of teens: Front: Lakeedra and Shawniece; Second Row: Jonathan, Justice, Starnedra, Teyairra, Rosland; Back Row: Dimp, Antonio, Travell

SEEDS COME TO TUTWILER

Our good friend Sue Johnson from New York who has an organization called SEEDS FOR PEACE sent us many packs of seeds to give to our folks. Lots of vegetables, fruits and flowers. Mary Ann Willis co-ordinates this seed give away. She just puts the word out and people come to the Center and take what they want. As we go around Tutwiler we see gardens here and there and people are very happy with what they grow. They also share with their neighbors. One more thing we can do to try and eat healthy! Thank you Sue Johnson!

TCEC Staff and Seniors “On the Road”

The Sisters of Charity of Nazareth, KY, who have been supporters of the Tutwiler Community Ed. Center for several years had a Ministry weekend May 11 and 12 in Nazareth KY. They asked us to come and sell our quilts and to do a Gospel concert Saturday night in their chapel. Our TCEC staff with 5 people from the Senior Citizen Program made the 10 hour trip to Kentucky on May 11. We were greeted warmly by the Sisters, and had an enjoyable evening meeting and greeting other people who came to the event. Saturday, we set up our quilts and people from the area came to see and buy.

That evening our group gathered in the chapel and sang “old time Gospel” to a group of about 100 people. Sister Maureen introduced the group and we had a power point of scenes from Tutwiler and the Center. All were so impressed with the singing and all of us from Tutwiler were honored to be part of this program.

Sunday we got in our two vans and headed back to Tutwiler. Since it was Mother's Day we stopped at a Cracker Barrel Restaurant to have a wonderful Mother's Day Dinner. One of the seniors said, “This is the best Mothers Day I have had. It is great to celebrate Mother's Day with all of your friends!”



Staff and Seniors also showed off their talents at the Tutwiler Community Education Center Anniversary Celebration

TUTWILER CLINIC

There's a nice little Place
In a nice little town,
You can go in feeling bad
But, you come out without a frown!

The name of this Place
In this small little town,
Is Tutwiler Clinic
There are no others around!

Soon as you open the doors
The staff greets you with love and a smile,
Not matter how far the clinic is
It's worth every mile!

If you come there early,
You will hear Dr. Brooks, Sister Cora and the staff
say
"Good Morning" to each other
In the most kind and loving way!

The Doctors and nurses will give you medicine
That you need to stay well
And the receptionist will see you
So you don't have to ring a bell.

So if you go into the clinic with pain,
Or just feeling blue,
The Doctors, nurses and staff
Will take great care of you!

If you are not sick and just in trouble,
And need someone to talk you through,
Sister Joann says those precious words
To lift up your spirit, and chase away the blues!

As I said before, and I will say it again;
Dr. Brooks, Sister Cora. nurses and staff
Take good care of you
And the receptionists are always
Smiling as they help you too!

I thank the LORD for Tutwiler Clinic
They are in my prayers each day and night you see,
For being so understanding and patient with me.
So hats off to Tutwiler Clinic
A place for healing and praying too,
This clinic keeps God first and takes G-R-E-A-T care of
you!

By Cora Nelson Parker



**Cora Nelson Parker
Author of 'Tutwiler
Clinic'**



**Cee Cee Collins
LPN**



**Sr. Eileen Breen
FNP**



**Rane Smith
Receptionist**



**Sr. Joann
Blomme,
Counselor**



**Dr. Anne Brooks
with patient**

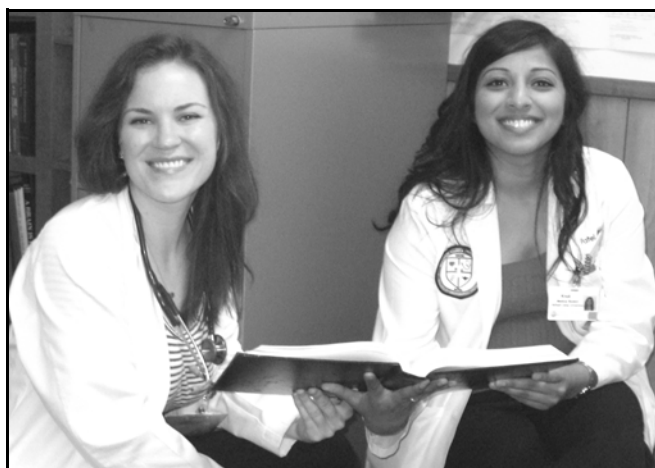
CLINIC VISITORS



Dominic Caruso, med Student from Mayo Medical School.



Dr. Judith Newman returns to Tutwiler Clinic to install and use diagnostic equipment which she donated.



Third year med students Ashley Wells, (L) University of Mississippi Medical School and Kruti Patel, William Carey University College of Osteopathic Medicine.



Dr. Steve Fisher and his Daughter Riley, future D. O. student, volunteered their time.

Staff of the Tutwiler Clinic

MEDICAL

Sister Anne Brooks, D.O.
 Sister Eileen Breen, FNP
 Maria Ozua, FNP
 Sister Cora Lee Middleton, RN
 C.J. Aldridge, RN Josie K. Smith, RN
 Katina White, RN
 Jewel Unruh, RN* Annie Williams RN*
 Jesse Aguilar, MLT
 CeeCee Collins, LPN Carolyn Mack, LPN
 Shelly Hill Dianna Rushing
 Chanda Lee Gloria Davis
 Maxine Stanley*

OFFICE

Geneva Byrd, Office Manager
 JoJo Gipson Annette Maiden
 Ranee Smith Betty Barbieri*
 Sandra Brown*

SUPPORT STAFF

Dorothy Dodd Gloria Jones
 Teresa Farmer Bobbie McDaniel*
 Magnolia Wilson* Sister Joann Blomme
 Cindy Herring
 (*Part-time)

Quilts	approximate size		Postage
Twin	66" x 96"	\$ 325.00	\$ 25.00
Full	81" x 96"	\$ 350.00	\$ 30.00
Queen	90" x 102"	\$ 375.00	\$ 35.00
King	108" x 102"	\$ 400.00	\$ 40.00
Baby	36" x 48"	\$ 80.00	\$ 12.00
Bags		\$ 25.00	\$10.00
Table Runners		\$ 45.00	\$12.00
Place Mats (set of 4)		\$ 40.00	\$12.00
Pot Holders		\$ 7.00	\$ 5.00
Wall Hangings			
	36" x 48"	\$ 80.00	\$12.00
	20" x 40"	\$ 45.00	\$12.00
	12" x 18"	\$ 10.00	\$ 5.00
Cards	\$1.50 each or...5 for	\$ 7.00	\$ 5.00

Donations graciously accepted and always needed
All donations are tax-exempt!

Tutwiler Clinic
 _____ Wherever most needed

The Tutwiler Community Education Center
 _____ program

The Tutwiler Clinic and the Tutwiler Community Education are both a 501(c)(3) charity.

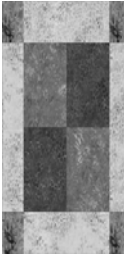
Thank you for all you send— large and small!

Have you considered including the Tutwiler Clinic in your will ?

THE QUILT PROGRAM

The Quilters will be in Jackson, MS at the Chimneyville Craft Show on December 1 and 2.

If any of you want Christmas orders, please get them in by December 1, 2012, so the quilters will have time to make them...Thank you!



Non-Profit
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 U. S. Postage
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 Permit No. 2

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