Tutwiler, Mississippi

(662)345-8334

www.tutwilerclinic.org

Fall 2013

To All of Our Dear Friends of the Tutwiler Clinic:

Celebrate with us!

As many of you know, we are in our 30th year of service in Tutwiler, and this season of the year is a special time of thanksgiving for us.



Photo by Kim White—Healthleaders

THANKS to God for all the blessings bestowed upon us and all of you!

THANKS to our wonderful staff for their dedication to never giving up on our patients!

And as for you, our donors and readers, THANKS so huge it is impossible to express! Your tireless help in so many ways, (many hidden) has enabled us to continue our services to our patients, who come from the nearby 7 counties. 73% of our patients have no way of paying for their care, and you are the source of their ability to regain their health.

So, our whole staff joins me in praying for special blessings upon you, that you may be strong, and healthy, wise, and loving and filled with peace and joy.

In gratitude,

Sister anne Brooks, De & Staff

Tutwiler Clinic Welcomes Dr. Humber

Dr. Jimmy Humber, O.D. responded to an invitation to explore the possibility of using our space to provide vision exam for patients of the Clinic. "After touring the Clinic and learning about the different services they provide, I knew there was a need to provide vision care and treatment. I believe they are truly doing God's work and I wanted to be part of that."

There are many patients with diabetes and other diseases that affect the eyes. In many cases these diseases can be detected early in the eye, saving vision that might have been lost if left unchecked. "It has been very rewarding for me and my staff to be able to work with the Clinic staff and see the care they give to so many people who would otherwise not receive the medical treatment they need. "The patients and staff look forward to Dr. Humber and staff on two afternoons each month.



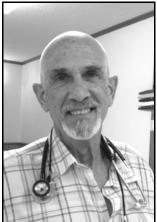
Rivers and Dr. Jimmy Humber check a patient's vision at the clinic.

The Counselor's Corner

Sister Joann Blomme

Doctor

You've read that we have a second Dr. here now, Dr. David Levine.



The other day as I was walking, I met up with a young woman who let me know, "I'm feeling lots better! That "Dude" gave me my test results and they were ok! You know, Sister Joann, it was that Dude Doctor who gave me the test results!"

(Sure, sure....I know that 'Dude Doctor!')

And we're glad to have him!

Dr. Levine

Bargain Barn

Our Bargain Barn means many things to many people. Besides being able to find fresh, clean items, the Barn is also a gathering spot, a place to meet up with one's friends, and probably the place to get the latest town gossip!!

Several customers recently have made it known too, that when life gets heavy, it is therapy that soothes them to come to the barn and just browse around!

You, our donors, help provide all this for the folks of our area. Thank you so much for what you share.



Grandma's Birthday

The usual group of young kids came to check on me, all excited about their Grandma's birthday. Tony told his Grandma, "I'm giving you \$20 for your birthday!"

Not to be outdone, a younger cousin called out, "Grandma, I'm gonna get one of those cards like Sister Joann has and we can all go to McDonald's and eat for free!"

I guess the kids never see me give the clerk any money when we go to McDonald's. I just swipe the gift cards some of you have sent, and food appears on our trays!! Isn't a child's world wonderful? How they love it when I have some more of 'those cards.'



What could be more fun than a treat at McDonald's? Paying for it with a gift card, of course!

A Good Laugh

This doesn't have much to do with the clinic but I enjoyed it with one of our patients!

We all know "Tom, Dick, and Harry!" Right?? We've all referred to all three at one time or another in that order---Tom, Dick, and Harry!

In a very animated conversation, where words come faster than thought, a patient said to me, "There were so many people that I couldn't stay around. Every "Tom, Harry.....(pause) and Dick" were there!"

Is it "Tom, Harry, and Dick?" "Harry, Dick and Tom?", or is it "Tom, Dick and Harry?"

Whatever it is, we both had a good laugh!

Doctors' Rounds

He was ringing the doorbell at the clinic about 2 minutes after I got there that morning. Blood was pouring down his arm and onto the floor. I didn't recognize him, but got him into a treatment room where I found a bleeding laceration in the side of his upper right arm. The story was that he was mowing, and had backed up against "something" that punched the hole. And believe it or not, he had had his tetanus shot just weeks before! When he filled out his papers I saw his name and realized at the computer that I hadn't seen him for 23 years when he was 5! -AB

A new patient had been sent by a friend. Now out of a job, he still had his usual health problems - obesity, diabetes, heart trouble, sore joints, and the usual no money, no medicine. Sensing frustration to a high degree as his problems tumbled out, I did nothing except listen for the next 15 minutes. Then I asked what he was doing to care for each of his ailments - and slowly he became more receptive to his role in his health besides medicine-taking. Diet hints! Activity ideas! Dropping cigarettes in favor of Rx! I finished his exam finally, and said, "Is there anything else?" He looked me straight in the eye and said, "My buddy was right!" and claimed the papers on which I had drawn anatomy and listed the DO NOTs and the DO THISes. I hope he keeps his next appointment...-AB

She passed my office door doing ballet as her grandmother was wheeled to the treatment room. Somehow the frail patient seemed to no longer be miserable but glowed with pride, her eyes sparkling as she looked fondly at the lively youngster. Maybe we should put this child on the staff to bring joy to our patients! -AB

He is an Iraq and Afghanistan veteran who came to the clinic for his back pain. His unit had cleared mines and IEDs (Improved Explosive Devices). He'd been operating a special armored vehicle when an IED made from several artillery shells went off directly under him. The armor prevented him being blown apart but he was knocked unconscious and sustained a tremendous blow to his body. Ever since, he'd been experiencing back pain and headaches.

After evaluating him, I offered to treat him using Osteopathic Manipulative Treatment (OMT). Over the course of a month his pain decreased from constant and almost-debilitating to intermittent and an annoyance. DL

He still comes in for a 'tune-up' once in a while but he's pain-free most of the time. It has been a pleasure and a privilege to take part in his recovery. No matter how one feels about our far-flung wars, our vets deserve our gratitude and the best care we can give them. -DL

Medical Needs, Fall 2013

After a rainy summer and late crops, the harvest is in full swing. Muscle pain and early sinus problems come along with it. The need for generic and over the counter medicines is ever urgent

Our medicine needs are:

ACE inhibitors, Calcium Channel blockers, B-blockers Inhalers (Albuterol, Combivent, Advair, Spiriva)

Anti-lipids(Zocor, Lipitor)

Antibiotics (Keflex, Amoxicillin, Zithromax, Septra Oral anti-diabetics (Metformin, Diabeta etc)

NSAIDs (Ibuprofen, Aleve)

Aspirin 81 mg

Tylenol (APAP) 325mg, 500 mg

We can use the generic over the counter medicines such as:

Prilosec, Pepcid, etc

Claritin

all types of sugar free cough and cold tablets Creams: cortisone, anti-fungal and antibiotic

Supplies:

Glucose test strips for "Vital" glucometers.

Holiday Wish List—2013

Again this year, we share our Holiday Wish List, hoping you would like to help us reach out to many men, women and children with a touch of Christmas giving.

Gift items are needed by December 16, please!!

Footballs, basketballs, kickballs

Games e.g. Monopoly, Uno, Dominos, etc.

Hand held games

Dolls - African American, if possible

Toddler toys - push/pull, musical, educational

Coloring books (CRAYONS NOT NEEDED!)

New stuffed animals

Word search books

Legos -- ONLY LARGER SIZE PIECES, PLEASE!

Fleece throws

Personal products

Duffel bags

Sports head bands, lanyards

Purses/wallets teens/adult

Jewelry – girls and women

Body care kits—teens or adult

Decorative socks

Hair accessories, Cosmetic bags

Nail care items

Adult sweats---medium, large, and larger

Men and women Socks—men, women, children Bath towels, Holiday towels, mats, etc. Gift cards for McDonalds, WalMart



REMINDER:

We will need any gift donations by Monday, Dec. 16, please. This will help us a lot as we prepare for holiday celebrations.

3

FROM THE TUTWILER COMMUNITY EDUCATION CENTER (your neighbors down the block)

September and October have been busy months at the Center. After an August break, the children, teens and senior citizens are ready to come back and get together for fun and enriching programs.

The SENIOR CITIZEN GROUP came back one week and the next week 30 seniors were off in two big vans and one mini van on a field trip to Clarksdale where the owner of the local theater had a special showing of THE BUTLER. They enjoyed seeing it. Many had lived through those days in the cotton fields as well as the civil rights era. As one senior was heard to say: "That's the way it used to be." From there they went to a local restaurant, HIBACHI, and had a good buffet with many tasty things to eat. Another wonderful senior outing.



Seniors enjoying the outing are Margaret Joe, Frances McAtee, Pauline Mason, Sam Ella Crump, Geneather Spurlock (at the door), Emma Spurlock, Annie Phillip and Irene Turner.

QUILTS Our quilt program continues! We are happy to say we have "partners" in many places who help us sell the quilts. Sister Joan Doyle SNJM made contact with St. Mary's parish in Los Gatos, California where she was principal of the school and asked if she could sell our quilted items after Masses on Sunday. They gave her a date and she began publicizing and gathering workers to help sell. Our quilters worked very hard to send enough items out to California. Mary Ann Willis Mackey packed up the 6 boxes and Sr. Maureen and she brought them to the UPS Store in Clarksdale. The big weekend arrived on September 21. Sr. Joan called at the end of the day to say they had sold \$3,600.00 worth of quilted items! Were we happy! Thank you Sr. Joan and all your helpers!

P.S. Did you know on November 4, 2013 we celebrated the 25th anniversary of the Tutwiler Quilters! Wow! And we are still making quilts.



Heather teaches guitar to Kyla Washington, Javion Walker and Rashaun Riley

MUSIC: We are happy to say Heather Crosse (teaches bass guitar) and Lee Williams (teaches drums) are moving back to Clarksdale and will be teaching music once again here at the Center. They will be joined by another musician, David Dunivant who will help teach guitar. They have come a few times in October and the children are happy and learning quickly. They will be here regularly two days a week starting in November. Welcome Heather, Lee and David!

Shopping at St. Mary's, Los Gatos, California





Thanks from Sister Joann Blomme, Lucinda Berryhill, Martha Wiley, Ella Harris, Mary Willis Mackey, and Sister Maureen Delaney TEEN NIGHT started in September with many teens coming in ready to play pool, ping pong, UNO, other board games and of course to play basketball in the gym. We also present a half hour program on a pertinent topic. Our coaches: Greg Buchanna, John Farmer and Linda Johnson talked to the kids about the importance of discussing "life skill" issues. They stressed that life was bigger and more important than just playing basketball. Self esteem, peer pressure, the importance of setting goals for yourself, staying away from drugs, and going to college all need to be thought about and talked about and Teen Night is where it happens. So come, participate in the discussions, then play basketball!

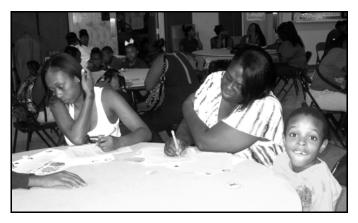
We are lucky to have such value based coaches!



Coach John Farmer tells Teens that there are more important things in life than playing basketball.

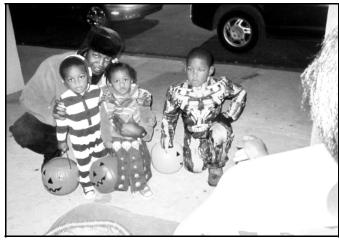


New Tutwiler Police Chief Rico Smith told Teens to set goals, don't let people put you down and to live your values.



Emanuel Williams says "Yes, sign me up for the After School Program!" Tykerra Cox and Emmarine Cox are completing sign-up forms.

AFTER SCHOOL PROGRAM for children ages 7 to 12 years old started on September 12 with a parent meeting at 6:00 p.m. Parents met all the staff who would be teaching in the different areas, received copies of the guidelines for children's behavior and any other important information. The evening ended with a healthy snack and door prizes. What could be better!



Mary Willis Mackey gives treats to cute little quests at the Community Center.

TCEC STAFF

FULL TIME

Sr. Maureen Delaney SNJM, Executive. Director Lucinda Berryhill, Administrative Assistant Mary Ann Willis-Mackey, Assistant to the Director Mary Ann Meeks, Assistant to the Director

PART TIME

Genether Miller-Spurlock, Education Co-ordinator

Sr. Joann Blomme, O.P., Quilt Program Gloria Young, Maintenance Allie Lewis, Maintenance

Peggy Young, Children's Programs Linda Johnson, Tonya Rembrant, James Webb, P.E.

> Teachers, 6 Part time Coaches 12 Teen Helpers



Our Staff

It's a PARTNERSHIP, dear friends, that enables us to keep going.

We couldn't open our doors without YOUR donations and prayers!

In this newsletter, I'd like you to meet the hands-on people --

our STAFF

who give out the final bit of caring love you have sent us!

Sister Anne Brooks, D.O.



Betty Barbieri

I came to work for the clinic as a volunteer one day a week in 1984 after Dr. Brooks asked for help one Sunday at our church. I did jobs in the office mostly assisting the bookkeeper. In 1989 when the nun who kept the books left and two other people hired that year only worked two months each, I told Dr. Brooks I would keep the books for her. She said I would have to let her pay me so I became an employee in June of 1989. I still love my job.



Josie Smith, RN

I first came to Tutwiler clinic in 1988 as a medical assistant, but I always wanted to be a nurse. In 1993, a clinic donor set up a nursing scholarship in honor of a friend. My dream came true in June of 1998, when my license came in the mail. I will be forever grateful to Dr. Brooks for the experience of working at a place that has a genuine concern for our patients' well being, not only physically, but mentally and spiritually. I have been blessed!



Annette Maiden

I started at the Tutwiler Clinic in December of 1989. That day was the first day I had ever been to Tutwiler. I answered a posting on the Jobs board in Clarksdale and Dr. Brooks hired me to be the receptionist. I am now an insurance clerk handling private insurance and Blue Cross/Blue Shield and I can truly say that I really enjoy my job. I don't think I could have asked God for a better place to work.



Gloria Jones

In 1990, I was working on my GED while I was cleaning the clinic. After I got my GED, I moved up to working in Shipping and Receiving and I learned how to take vital signs and to administer tests such as EKG's and Pulmonary Function Tests. I was also taught how to use hot packs on patients. I trained others to do the housekeeping and I stayed on as a Technical Aide and Shipping and Receiving Clerk.



S. Cora Lee Middleton, RN Clinic Coordinator

After visiting for a week in January, 1984, when it snowed, I moved from Florida in August, 1984, when it was steaming hot! The clinic philosophy to 'affirm the dignity of each person and her or his right to quality health care' is a core value. I enjoy the focus on enabling the patients to become knowledgeable about their health or illness and to participate in their own care to their fullest potential. Working with a staff that is creative and goes the extra mile to meet the challenges of patient care is rewarding.



Carolyn Mack, LPN

As a nursing student, I was assigned to Tutwiler Clinic for my clinical rotation. I threw a tantrum because I didn't know there was a clinic in Tutwiler and I couldn't afford to drive there every day. God sent me here for a reason because as I prayed for guidance to find a job, one of my nursing instructors called telling me that Dr. Brooks was looking for me. The following Monday, I got the job. I have been here 4 1/2 years and it is one of the best jobs I ever had.



Maria Ozua, FNP

I came to Tutwiler Clinic in August 2011 to complete the required 720 hours for new nurse practitioners. This is done and I am still here! I've enjoyed working with the staff and patients. Dr. Brooks, Sister Eileen, and Dr. Levine are excellent mentors. I feel blessed to work with them. I am so thankful and grateful to Dr. Brooks for allowing me to work at the Tutwiler Clinic.

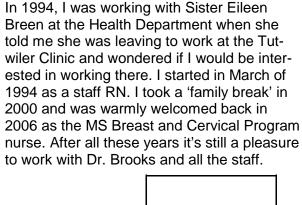
"Mississippi? How the ___did you end up there?" my friends ask. They sound skeptical when I tell them I'm delighted to be here. Working at Tutwiler Clinic is all-consuming but eminently satisfying. I've never worked with better clinic staff and certainly not with any who were more fun! Our Nurse Practitioners, Maria and Sister Eileen, keep at it and help make the day fly. Sister Cora Lee greases the wheels and I get to exchange puns with her. To top it off, it is a joy and privilege to work with Dr. Anne Brooks. She makes me want to be a better doctor.



David Levine, D.O.



Jewell Unruh, RN





Annie Williams, RN

I met Dr. Brooks while I was working at Northwest Regional Hospital in Clarksdale. She told me that one of the nurses at the clinic was retiring and she asked if I would be interested in the job. After an interview with Sister Cora Lee, I was hired in May, 1997. I have stayed all these years because I an so impressed with the facility and the quality of care the patients receive here.



Teresa Farmer

I have been at the Tutwiler Clinic for 15 years. I enjoy the work that I do and I like the people I work with. I started out as a Development Secretary, but now my title is Public Relations. I compile statistics for Dr. Brooks and drive patients to and from their appointments when necessary. I also record gifts of medicines and donations to the Bargain Barn. No one who achieves success does so without acknowledging the help of others. That's why I'm thankful and grateful for Tutwiler Clinic.



Tutwiler and Tutwiler Clinic have been my life for twenty years. As a nurse practitioner, I am privileged to see patients of all ages from all over the Delta. The patients and staff keep me going. The daily "blessed to be here another day" and "have a blessed day" that I hear all the time keep me focused and striving to give the best health care and to motivate people to lead healthy lives.

Sister Eileen Breen, FNP

I started as a temporary replacement for an office staff member when she went on maternity leave in December of 1988. When she returned, Dr. Brooks asked me to stay on full time as an office assistant. Then I worked as receptionist and then Medicare Clerk. I have been the Medicare Clerk ever since. I love working here because of the family atmosphere and because we are encouraged to further our careers. Since I have been here I have earned my Certified Nursing Assistant's license.



JoJo Gipson, CNA



Carol Collins, LPN

I started at Tutwiler Clinic on October 26, 2009. When I started, I didn't think I could learn everything, but Sister Cora Lee assured me that I could do it, it would just take time. Now, 4 years later, I have learned so much more. I love my patients and they make me love my job.



CJ Aldridge, RN

I worked for Home Health and I saw many of Dr. Brooks' patients. I didn't know about Tutwiler Clinic until then. My home health company was downsizing and I heard about a job opening for a nurse at the clinic and I applied for it. I was hired on June 8, 1998. I stay because I love my job and I like the holistic approach to medicine used here. I feel like each of our patients receives the very best care possible.



Bobbie McDaniel

I have been working at the clinic since 2006. I make sure that everything is clean which is very important for everyone including patients and staff. I enjoy working with other members of the staff. I think the clinic is a great place to work.



Gloria Lucas Davis

I started going to GED class in the Tutwiler Clinic in the early 80s. Dr. Brooks needed a good reader from the class and S. Maureen gave her my name. Dr. Brooks hired me to be in the stock room to sort medicines and boxes. I then learned how to take vital signs and I earned my GED. I learned how to do EKGs and X-rays. I have been here for 25 years and I am now a medical assistant.



S. Joann Blomme, op, **LPC**

When I first came to the Tutwiler Clinic as a Mental Health Counselor, I never thought I would still be here 25 years later! But because of the men, women. and in a special way, the children, this place has become home, community, family and ministry to me. "Some people come into our lives and quickly go. but others stay for a while and because of them, we are never ever the same!"



Jesse Aquillar, MLT

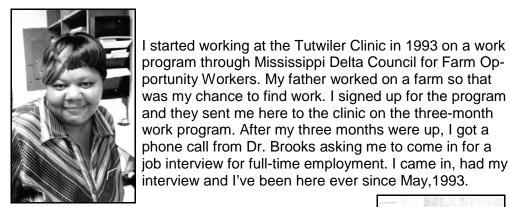
I found out where Tutwiler was when a friend saw an ad in the paper for a Lab Technician at the Tutwiler Clinic. I interviewed and was hired in December of 2005. It was a big adjustment because I had only worked in hospital labs. Dr. Brooks taught me a lot about building relationships with the patients we see on a regular basis. I really like seeing patients and working with the staff.

I count it a blessing as well as a privilege to be a part of Tutwiler Clinic. For me, it is a God thing. I have worked here since 2006 as a registered nurse and have enjoyed this journey of life's experiences. This place has been a godsend for so many people I know and the care has been unwavering to all regardless of any particular insurance or the lack thereof. The love and care for others has been shown from the CEO to the housekeeping department and who wouldn't want to be a part of this? I am grateful.



Katina White, RN

I started working at the Tutwiler Clinic in 1993 on a work



Ranee Smith



Cindy Herring

My job at Northwest Regional Hospital was being phased out and I prayed for help finding another job in a tight market. About 15 minutes later, Dr. Brooks called to offer me a job at the clinic.. That's pretty fast service! I publish the newsletter, record donations, write grants and have a wonderful time working with the best staff ever.



Shelly Hill

I have been a caseworker for Tutwiler Clinic for 17 years. I work with diabetic patients and those with cholesterol problems. I make sure that diabetics have their testing materials. I show videos and give them handouts and follow up with those who do not keep their appointments. I also help patients with their disability paperwork. One of my jobs is to make sure that patients know what their medication is for and how important it is to take it all.



Sandra Brown

Sister Eileen Breen talked to me about working at the Glendora Clinic as a receptionist in 1997. The clinic was open Mondays and Thursdays and I worked half-days in the afternoon. They taught me how to run the office and I was promoted to full days. When the Glendora Clinic closed, Sister Eileen and I moved to the Tutwiler Clinic and I now work Monday and Tuesday as an Office Assistant. It was a big adjustment to move from a small office to the large, busy office here in Tutwiler, but I love it here.



In 1988, I graduated from Miller Hawkins Business School in Memphis and I applied for a job at the Tutwiler Clinic. I was hired as a Medicaid Clerk. In 1995, When Dr. Brooks told me I had the job, she asked if I had any questions, I told her no. She said "Don't you want to know how much you'll be paid?" I was just happy to have a job! In 1995, I was promoted to Office Manager and I have held that position ever since. Tutwiler Clinic has been a blessing not only to me, but to the people in the surrounding area.

Geneva Byrd

I started filling in for the Bargain Barn manager in 2002. In 2004, Sister Joann Blomme offered me the manager's position. Sister Maureen Delaney, who ran the Community Center from the clinic at that time, contacted Congressman Mike Espy to get a grant from UPS to build five houses in Tutwiler. Mine was one of those. All five families help build the five houses. Now UPS delivers to me at the Bargain Barn!



Magnolia Wilson



Dorothy Dodd

I have been with the clinic since 1986 and I've had lots of different jobs in those 27 years. I've worked cleaning the clinic and driving the van to pick up patients when they couldn't get a ride to the clinic or to the hospital. I ran the Bargain Barn for a year and now I am part of the support staff working with the medical staff of the clinic. But I still drive now and then to pick up patients. I love the clinic because it has helped so many people, not only medically, but with jobs.



Diana Rushing

In 1997, I interned at Tutwiler Clinic while finishing my senior year at Delta State University to get a BS in Social Work. I worked here on two Kellogg Grants, one of which was Delta Community Partners In Care. The goal was to have patients see a primary care doctor instead of going to the ER. After the grants, I continued working here as a caseworker/ patient advocate. I assist patients with Medicare and Medicaid. I also help uninsured patients get their medication through the Patient Assistance Program which accesses pharmaceutical companies for medication. I am still here after 13 years because I really enjoy the family environment.



Maxine Stanley

I have been working for Dr. Brooks for 10 years. I enjoy my work and I enjoy all of my second family I work with. I am a Med Room Assistant/Scanner and I also help with the Indigent Patient Program helping to get medicines at a reduced cost. The Tutwiler Clinic is a very loving, caring and sharing place to work.



Chanda Lee

I have been working at the Tutwiler Clinic since 2005. I am currently a Medical Assistant in the lab but I have completed training to be an X-ray technician and I am just waiting for my license. I love helping our patients and I also enjoy working with all the staff members. We work well together. The Tutwiler Clinic feels like a second home to me. I love everyone here.



Now... and THEN

As we go to press, our next new patient number will be 22,312. Here are a few of our first patients who continue to visit us and look at those patient chart numbers!

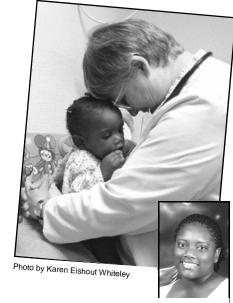


Donny Weekly #24





Mattie Burns #35



Monique, now 25, is still a Tutwiler Clinic patient



Photo by Andy Levin

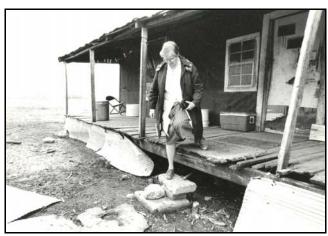


Photo by Andy Levin

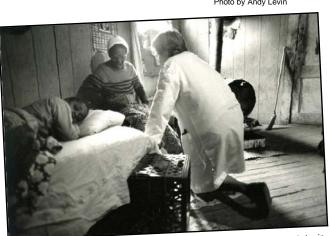


Photo by Andy Levin



Photo by Karen Eishout Whiteley

11

Non-Profit Organization U. S. Postage PAID Tutwiler, Mississippi

Permit No. 2



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Return Service Requested

THE HYPPIEST OF HOLLDAY!

All of us at Tutwiler Clinic wish you and yours

Have you considered in your will?					
Thank you for all you send— large and small!					
The Tutwiler Clinic and the Tutwiler Clinic and the Tutwiler Community Education are both a 501(c)(3) charity.					
program					
The Tutwiler Community Education Center					
Wherever most needed					
Tutwiler Clinic					
All donations are tax-exempt!					
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Donations graciously accepted and always					

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