

Tutwiler CLINIC & OUTREACH

Tutwiler, Mississippi

(662)345-8334

www.tutwilerclinic.org

Summer 2012

To All our good Friends of
the Tutwiler Clinic!

Our Happy Summer wishes to all of you! It is hard to believe that half the year is already past, and that soon the days will begin to be shorter - which never lessens the things we want to do, just squishes them into a faster time and makes us yearn for relaxing hours!



Photo by Kim White -Healthleaders

The big celebration this year is the 20th anniversary of the Tutwiler Community Education Center, our neighbors down the block. Their programs and activities stimulate health and personal growth, and our congratulations go to all the staff there and especially Sister Maureen Delaney, for all that they do to help our patients learn to care for themselves.

In May, I was honored to be the commencement speaker for the inaugural graduating class at Colorado's Rocky Vista University College of Osteopathic Medicine, sending 100 new doctors forth with reasons to be good listeners and dedicated caregivers.

My prayer for all of us is that we, too, will do our part to help heal the ailing parts of our world, near to us and far away, as we rely on the love and strength of the One Who gave us life and Who continues to hold us close, especially when the going gets tough.

We are SO very grateful for all you do to help us help our needy folks in this corner of Mississippi - your generosity empowers us to empower our patients...THANK YOU!

With our love and prayers,

Sister Anne Brooks D.D. + Staff

NEW TEES FOR TUTWILER!

How does one awake in oneself or a child the awareness that others may be in need or not have what they themselves have been blessed to receive? When it is awakened we see the results of it in many ways in Tutwiler. A recent example is that of Kate Purshke, a twelve-year old who has awakened to the needs of others in different places and ways. Recently she took the leadership to start a project in her hometown – Tee Shirts for Tutwiler! She tapped such sources as her local library, putting up signs and leaving boxes. She found out about overruns of tee shirts from community and other sponsored events. This resulted in over 500 tee shirts for Tutwiler Clinic and Community Education Center and Bargain Barn, where old and young delight in receiving a new tee shirt.

We commend Kate for her leadership and for bringing light and hope to others. This is our future generation and we hope many more will be leaders in awareness of the unmet needs in many different places and seek to help meet them in whatever way they can.



New tee shirts thanks to Kate

WE WANTED TO DO OUR PART

(a letter from the Phyllis R. Miller Elementary Montessori School, Miami, Florida)

"Fourth and fifth Grade Gifted Class of Mrs. Pamela Knowles wanted to show you that we care. We were so inspired by your 60 minutes interview that we decided to make a difference. The students collected of \$229.00. The funds were collected in decorated boxes over a period of a few weeks. We are pleased to report \$250.00 in total for the fourth and fifth grade class."



Guess who?

GUESS
WHAT
?

Head Start Graduation

There is an unnumbered group of 4-5 yr. old children who live near the clinic. Unable to reach my office windows to check if I'm there, they simply watch for the right car!

Having been unanimously invited to their Head Start Graduation, I was sitting toward the back among a packed audience. As one group of kids mounted the stage for their song, hands were tight to their sides and faces very serious. All of a sudden, one of my young friends spotted Sr. Joann in the back, broke into a big smile and just slightly raised his hand at his side so I could see him wave! I just wonder what these kids will be doing 20 years from now.

How often have you heard that the South is famous for a slower paced life? Think again, because some people even forget to turn off the car engine as they rush on to the next task!

One warm spring day, I glanced out my window and noticed a car with windows wide open, lights on, and the motor running! Now this was 2 hours after lunch break and no one was around outside.

Guess whose car? Dr. Brooks! Maybe when we get an additional Doctor, life will slow down a bit for her.



Can Sister Joann come out to play?



The "Doggie Door" at the Bargain Barn

Bargain Barn Humor---As I drove up one morning, the Bargain Barn doors were wide open to capture the fresh air, and Magnolia, with her back to the door, was sorting and hanging clothes.

What she did not see nor hear was the neighborhood dog coming in and out, selecting clothing and dragging these pieces out across the field!

That's right-----we claim to welcome anyone to our Bargain Barn!!

TCEC Staff

Full Time

Sr. Maureen Delaney SNJM, Exec. Director
Lucinda Berryhill, Administrative Assistant
Mary Ann Willis-Mackey, Assistant to the Director,
Mary Ann Meeks, Assistant to the Director
Nicole Harris, Technology & Development

Part Time

Genether Miller-Spurlock, Education Coordinator
Sr. Joann Blomme, O.P. Quilt Program
Gloria Young, Allie Lewis Maintenance
Peggy Young Children's Programs
7 Part time coaches, 8 Teen Helpers

Doctor's Rounds

She had come from a little hamlet almost an hour away. A large lady, she was having a terrible time walking. There was a sore on her foot, she explained, but like many of us trying to see the soles of our feet, it was just too hard to squirm and bend. So I looked for her - a 3 inch wide ulcer was the obvious culprit, but it was deep, smelly, and to me, ominous. I could almost hear it saying, "I need help!" Then the real truth became evident - the patient's sugars, sky high for long months due to lack of Rx had begun to ruin her vision to the point where she was legally blind. We treated her sugar right here while I carved on the thickest part of the callused edge of the ulcer, and staff came to the rescue with medicines (that YOU provided), an urgent wound center appointment, gas money for her cousin to bring her - another gift from YOU- and a call lined up to connect her with Disability the following week, and an appointment with the eye doctor up the road. So, wrapped in loving care, we let her go, her gratitude echoing in our hearts which we pass along to you, our own thanks loudly magnifying hers - **Thank you! Thank you!**

oOo

I keep thinking of him as a 20 year old - but now he's really in his 50s...His 20-something behavior has not changed, however, and he is still using cocaine and liquor, slowly killing off the cells of his brain and his heart and his liver. As I looked down at him as he slept this morning in ICU, where he has been for several days, I saw again his daddy's face, with its kind and gentle look, and I worry about my patient - his heart is pumping out only 6% instead of 57-73%; often doing a very rapid beat we call by its nick name "V tach"... just like his daddy did so many years ago. At this point, the *Life Vest* will be fitted tomorrow; but the long term treatment he needs is strong prayers to help him go to rehab -- we rely on YOUR help for this!

oOo

His sandled feet had been cool earlier in the day, but now, having encountered a Mississippi anthill, they were covered with red bites, swelling, itching, generally looking miserable. He looked a bit sheepish as he rang the Clinic doorbell, but it didn't take long to get a shot into him, and pills for future use... that's not how we want to treat our guests who come to help with the Habitat house construction! We probably should make a warning sign –

DANGER! ANT HILL! KEEP OUT!

Needs List

Please keep your donated items coming! Remember us with your "still useable" kitchen items, household wares, bedding, rugs and knickknacks.

Also---

- Ø Body care products: soap, deodorant, etc.
- Ø Small gift items for birthdays & treats
- Ø Socks: men, women, children
- Ø T-shirt overruns: children & adults

- Ø Corduroy fabric, solid colors at least one yard wide and long;
- Ø Quilting thread --- navy and cream;
- Ø Fabric---new cotton or cotton blend (We cannot use the very small scraps.)
- Ø Music fabric
- Ø Forest green sheets or fabric
- Ø Sheets for quilting, at least 180 count, cream, navy, maroon, light blue, green

- Ø Coloring books, crayons (8's or 24's)
- Ø Loose leaf paper
- Ø Pens, pencils
- Ø Spiral notebooks
- Ø Book bags

Medical Needs List

An unusually mild winter and an early spring have swung into a hot, hot summer! Cotton, rice, corn and soybeans are abundant. Our medicine needs continue to grow too. It is through donations and physician samples that we try to fill the gap while accessing available medication assistance programs of pharmaceutical companies.

Your physician/nurse practitioner may have samples he/she is not using. Here's our wish list:

ACE inhibitors
Calcium Channel blockers, beta-blockers, Coreg inhalers(Albuterol, Combivent, Advair)
Anti-lipids(Zocor, Lipitor)
Antibiotics(Keflex, Amoxicillin, Cipro, Zithromax)
Oral anti-diabetics(Metformin, glyburide)
NSAIDs (Ibuprofen, Naproxyn)

We can use the generic over the counter medicines such as :
Aspirin 81mg
Prilosec OTC, Pepcid, Vitamin D 3000 IU and 5000 IU
Claritin and sinus medicines
all types of sugar free cough and cold meds (not liquid)
Hydrocorticone creams
Antibiotic and antifungal creams and ointments

NEWS FROM THE TUTWILER COMMUNITY EDUCATION CENTER (TCEC)

(your neighbors down the block)

ANNIVERSARY PROGRAM. On Thursday June 14, 2012, TCEC celebrated its 20th anniversary with a spirited GOSPEL AND BLUES program. Our senior citizens joined with the TCEC staff to sing some "old time Gospel songs." Our children and teens sang songs, recited poetry and performed a rap. Two of the TCEC staff, Genether Spurlock and Peggy Young wrote a "skit" that gave the history of the TCEC. The program ended with the debut of our "TCEC Student Blues Band." Thanks to generous donors, Jon Gindick from California and Ed Masterson from New Jersey and their friends, TCEC has a music program. These people donated money to buy instruments and pay two teachers to come twice a week for two hours each day to teach the children guitar, bass guitar and drums. This has been going on since last June. They were finally ready to perform and the 20th Anniversary Program was just the place to do this. THEY WERE GREAT!



TCEC Student Blues Band

QUILT PROGRAM

March 20, 2012 TCEC welcomed a group of visitors who were on a "Delta Tour." This is a program offered through the University of Mississippi where people from all over the country spend a few days visiting the Mississippi Delta. For the past 6 or 7 years they have made a stop at the TCEC to see the Center, learn about our programs, hear some Gospel singing from the seniors and the staff and buy our quilted items. The TCEC staff always enjoys meeting people from many parts of the USA. Each year the visitors are very appreciative of our hospitality and are very impressed with our quilt program. This year, as always, people left the Center with bags full of the quilted items that they bought and brochures to give to their friends back home. It was a busy but good hour and a half!

April 14, 2012 found Mary Ann Willis-Mackey and Lucinda Berryhill selling quilted items in Clarksdale (15 miles north of Tutwiler) at the JUKE JOINT FESTIVAL. This is a yearly Blues Festival that features music, food, crafts and other items to sell in downtown Clarksdale. During the day the festival takes place in the streets of Clarksdale and in the evenings more food and music inside. It was a fun event. Mary Ann and Lucinda saw several old friends. They sold many pot holders, runners, mats etc and even sold a quilt. It was a good time for the local people to see the TUTWILER QUILTS.



It REALLY HAS been 20 years!

SUMMER PROGRAMS

June 4 we started our summer programs at the Center. We have had about 55 to 60 children ages 7 to 12 years old come each day from 1:00 to 4:00 p.m. They are having fun with activities in the gym, cooking in the kitchen, music, board games, pool, computers and Dane Dance Revolution. Swimming in Clarksdale on Tuesday and Thursday mornings is also a big hit. Field trips are being planned for bowling, skating and swimming in bigger pools. This summer, as usual, we have 9 teenagers who have been hired to receive job training and help with our summer program. They are a big help.



Lucinda Berryhill and a happy TCEC customer.

SENIOR CITIZENS

May was Senior Citizen Month. In order to celebrate, the TCEC staff planned a special program for the Wednesday Senior Program. They decided to have a parade. Any senior that wanted to walk did so, and those that could not, rode in a van or car. They went two blocks down the main street of town, turned the corner, walked up another street, past the Clinic and back to the Center. They did this while singing songs and giving up a few cheers. When they came back to the Center, they sat for a minute, had some water and then participated in the indoor activities. There were walking races in the gym, shooting basketball, shuffleboard or just sitting and watching. In the big room there were dominoes, cards, pool or just visiting friends. We ended the morning with a healthy luncheon. Several seniors said this was the best senior program we have had in a long time! I guess we better keep moving!



TCEC runners make healthy look like fun.



Never too old to play!

RUNS

In an effort to encourage fitness and exercise, TCEC participates in two runs in Clarksdale: the JUKE JOINT FESTIVAL RUN in April and the DELTA JUBILEE RUN in June. Both are 5K (3 miles) and the participants can either run or walk. This year was no different. We brought about 20 people, a combination of teens and adults, up to Clarksdale. Some of our people even came home with medals and trophies. We are grateful to a local woman who gets sponsors to help pay for our folks to participate. After the run we usually make a stop at McDonalds for a healthy breakfast! We are grateful to many of you, our donors, for sending McDonald's gift cards to help with our expenses.

HABITAT FOR HUMANITY

Our Habitat Program is slow but steady and we continue to build houses! We signed deeds with two families for houses 35 and 36. The Shereds and the Herd families now are in their new houses that they helped to build. We are now working on houses # 37 and 38. Thanks to so many college and church groups we have a steady stream of volunteers that come to Tutwiler to help build our houses. Recently we had people from the Shiel Center of Northwest University who have been coming for 10 years and people from St. Thomas the Apostle Church in Naperville, IL who also have been coming for many years. If you want more information about our Habitat project contact our Habitat Coordinator, Daniel Tenner at 662 345-6200.



Another Habitat home under construction in Tutwiler.



Bless this house.

The “ Arty Party”

“I never knew a circle could become an angel and such a beautiful one!” summarized Technical Aide, Dorothy Dodd. The ‘ Arty Party ‘ was a gift from artist Celeste Zepponi to the Clinic Staff. Celeste provided her time, talent and all the supplies for each staff member to create an ‘ angel portrait’. Celeste reflected that she enjoys the process and loves the creative energy that comes as she watches “persons who have never painted before create a piece, relax and have fun”. Celeste works with church groups, retreats and programs for staff development. Annett Maiden , insurance clerk, said ‘ it is a great stress reliever. When is the next one?’ The finished paintings were displayed in the clinic for all to see and then appeared in various offices or went to their home. Everyone was amazed at such talent! Thank you Celeste and y’all come back!



L to R - Sr. Kay Smalley, Sr. Carol Ann Kemp, Sr. Janet Walton, Sr. Mary Pat Vandercar, Sr. Mary Ellen Holohan, Sr. Ann Regan

Fifty Years!

From Dr. Brooks:

To celebrate the 50th anniversary of an event is a BIG DEAL! Much to our surprise and joy, six nuns in my religious community (Sisters of the Holy Names) celebrated the Golden Jubilee of their vows by coming to our centers in Tutwiler and up the road in Jonestown to volunteer! We kept them busy, of course, their many talents helping us catch up on things we needed to get around to finishing. What great gifts we shared those few days as we gloried in our celebration of their long years of commitment to God’s people, and they gloried in our presence, buoying our spirits in the busy-ness of our lives. Here’s a line from their note of thanks to us:

“What a gift the Clinic is to Tutwiler and its surroundings. Thanks to each of you for sustaining health and responding to crises every day. I always get energized when I visit.” -Sister Mary Ellen Holohan

And our thanks to you, great ladies that you are!

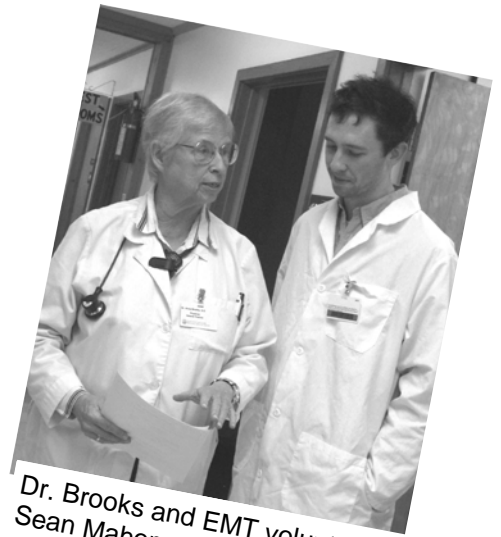
CLINIC VISITORS



Young volunteers from the Academy of the Holy Names in Tampa, FL, cleaned gutters, washed windows and raked leaves at the Clinic and in Jonestown. Girls, here's proof for your mamas!



Breanna Tetreault from Carleton College, MN, volunteered for to do most anything and wound up doing a little of everything! P.S. You'd do great in med school!



Dr. Brooks and EMT volunteer-Sean Mahoney discuss the schedule for the day. We multi-task! Thanks for painting the yellow lines in the parking lot, too, Sean.



Dr. Judith Newman, ophthalmologist, is one of the skilled and dedicated doctors who donates valuable time at the Clinic.



Dr. Jim Turner, D.O., of the William Carey University College of Osteopathic Medicine presented a plaque to Dr. Brooks recognizing the Clinic as a teaching affiliate of the College.

Staff of the Tutwiler Clinic

MEDICAL

Sister Anne Brooks, D.O.
 Sister Eileen Breen, FNP
 Maria Ozua, FNP
 Sister Cora Lee Middleton, RN
 C.J. Aldridge, RN Josie K. Smith, RN
 Katina White, RN
 Jewel Unruh, RN* Annie Williams RN*
 Jesse Aguilar, MLT
 CeeCee Collins, LPN Carolyn Mack, LPN
 Shelly Hill Dianna Rushing
 Chanda Lee Gloria Davis
 Maxine Stanley*

OFFICE

Geneva Byrd, Office Manager
 JoJo Gipson Annette Maiden
 Rane Smith Betty Barbieri*
 Sandra Brown*

SUPPORT STAFF

Dorothy Dodd Gloria Jones
 Teresa Farmer Bobbie McDaniel*
 Magnolia Wilson* Sister Joann Blomme
 Cindy Herring
 (*Part-time)

Quilts	approximate size		Postage
Twin	66" x 96"	\$ 325.00	\$ 25.00
Full	81" x 96"	\$ 350.00	\$ 30.00
Queen	90" x 102"	\$ 375.00	\$ 35.00
King	108" x 102"	\$ 400.00	\$ 40.00
Baby	36" x 48"	\$ 80.00	\$ 12.00
Bags		\$ 25.00	\$10.00
Table Runners		\$ 45.00	\$12.00
Place Mats (set of 4)		\$ 40.00	\$12.00
Pot Holders		\$ 7.00	\$ 5.00
Wall Hangings			
	36" x 48"	\$ 80.00	\$12.00
	20" x 40"	\$ 45.00	\$12.00
	12" x 18"	\$ 10.00	\$ 5.00
Cards	\$1.50 each or...5 for	\$ 7.00	\$ 5.00

Donations graciously accepted and always needed
All donations are tax-exempt!

Tutwiler Clinic
_____ Wherever most needed

The Tutwiler Community Education Center
_____program

The Tutwiler Clinic and the Tutwiler Community Education are both a 501(c)(3) charity.

Thank you for all you send— large and small!

Have you considered including the Tutwiler Clinic in your will ?

Would you like to know more about Tutwiler Clinic?
We're updating our website www.tutwilerclinic.org
Y'all come see us!

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