



Tutwiler

CLINIC & OUTREACH

Tutwiler, Mississippi

(662)345-8334

www.tutwilerclinic.org

Summer 2013

To All of You Dear Friends of the Tutwiler Clinic:

We have great news for you! At last we have a second doctor! You know, of course, that your long years of prayers (and in some cases, your efforts at arm twisting) are so very much appreciated, and our gratitude is flooding every corner of the US and beyond, wherever you live. THANK YOU! THANK YOU!



Photo by Kim White—[Healthleaders](#)

Dr. David Levine, DO has joined our staff from Seattle. He, like myself, graduated from Michigan State University College of Osteopathic Medicine (just six years after I did), so we can double over laughing as we share similar reminiscences of our professors. He has been here barely a few weeks, and is learning how to treat brown recluse spider bites, among other local illnesses. The other day he said, "Are there *any* patients' illnesses that aren't complicated?" Oh, yes, and he's better at doing our charts on the computer.

He managed to get the rental truck, with his car attached to the rear, clear across the country without encountering dangerous weather (of course, due to your prayers), letting us know about where he was so we could anticipate his arrival. Luckily his previous two visits had made it easier to turn here and there and take this highway instead of the GPS choice, so we didn't worry that he would get deeply lost. And then one day, there he was, coming in the staff door -- and I was stuck on a long distance call with a specialist and could only do a semi-wild dance of welcome when I saw him, before the rest of the staff discovered him. Hooray!

It is, of course, your continuing concern for our patients' needs that keeps us going and allows us to bring them back onto the path to good health. That assistance is the back bone of our care. And as you bring healing and encouragement to all of us here, we just want to surround you with huge, loving hugs of gratitude, and beg the blessings of our Great Healer upon you. Have a restful, relaxing time this summer, and boost up your energy level!

With much gratitude and love,

Sister Anne Brooks DO + Staff

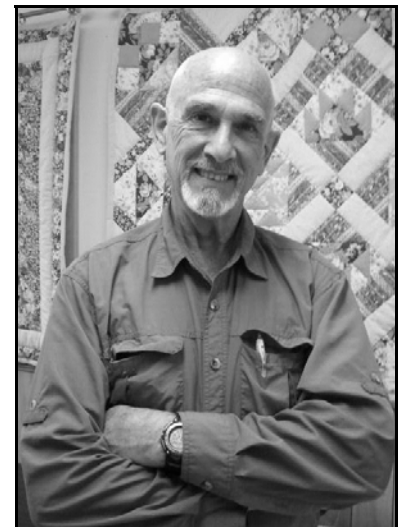
Tutwiler Clinic Welcomes Dr. Levine

Dr. David Levine has joined Dr. Brooks on the medical staff of Tutwiler Clinic.

Originally from Philadelphia, Pennsylvania, Dr. Levine has lived in the state of Washington, and most recently in The Gambia, West Africa for six years.

He learned about Dr. Brooks while in medical school at her alma mater, Michigan State University College of Osteopathic Medicine, and became interested in Tutwiler Clinic when he returned to the United States. He was looking for a clinic that was more concerned with taking care of the health of the patient than with making a profit. He says, "I have never seen another place with the kind of caring attitude this clinic has, giving patients the time and attention they need."

Welcome, Dr. Levine!



Dr. David Levine

A Good Laugh!

Humor may help healing but everyone loves a good laugh! Recently a woman told how she's feeling so much better. But she quickly added, "It sure wasn't because of the medicine I was given! That medicine made me walk my dog----and I don't even have a dog!"

Friends are Blessings

Friends come and friends go and some leave a deep mark on our lives. Ms. Leona Lane is one of those rare people. She has been in Tutwiler far longer than most of us.

In a special way, Leona loved the Bargain Barn and could be found there very, very often----sale days, bag days, and just regular days, too. She often brought her friends with her.

Leona not only shared her gentle, kind ways with everyone but she was known to bring a bouquet or a flower cutting from her beautiful garden to folks she met at the Barn. Or maybe even a delicious cake to Magnolia, our Barn manager.

We'll miss you Ms. Lane and we wish you well as you travel to Alabama with your family. We won't forget you and our welcome mat is always out for you!

The Little People

It wouldn't be a complete newsletter without a word about the kids!

We've all heard it said that "the eyes are the window to the soul." I've discovered a new version of that maxim, "...the eyes are the window to the stomach."

Around 3:00 I can usually count on visits from my 5 yr. old neighbor friends. Using the height of their bikes to check if I'm actually in my room, they proceed to the front office to ask to see me. As they get to my office you can see their eyes actually wander from here to there, table to counter, desk to shelves, and then finally the key question, "Any treats today?"



Rain, Rain – Please not today!

As the summer rain storms roll in unexpectedly these days, we now "rest easy" knowing that our Bargain Barn has a brand new roof. Thanks to members of the Shiel Center of Evanston, IL, 3 layers of old shingles were stripped and a new roof applied.

Of course as you might expect, we had a "super deluge" come our way during this process and even the protective roof plastic couldn't keep torrents of rain from entering.

Yep, you got it!! The rain soaked a section of our ceiling and we were met one morning by soggy hanging and fallen sheet rock everywhere. Shiel Center friends to the rescue! Now we not only have a new roof, but a partial new ceiling.

Thanks, Sheil Center Friends!

Gift Cards

With one sweep around half the block, I had filled the van with 5 kids, all hungry, hot and thirsty for McDonald's and eager for the play area at the store! Of course, we had to round up the car seats, booster chairs, and even a clean t-shirt for one little guy! And off we went!

Questions galore, all the way up the highway! "Where do you live, Sister Joann? Is Sister Maureen your 'church sister?' Do we get ice cream today? What's a McDonald's card you talk about?"

Thanks to you, our donors, I did have McDonald's gift cards! These have really come in handy and we thank you for gifting us in this way!



Tony, Foo, D.J, Zylin and RiRi

Doctor's Rounds

This is a special "Rounds" - a Look Around today-- I admit to being curious, and I just thought I would check on the patients we had treated back in that first week when we opened the Clinic on August 15, 1983.

THIRTY YEARS!

It's hard to believe! And so many of you have walked beside us during those years, your loving concern and enthusiasm continually boosting our energy. Our special thanks to you, over and over!

Well, patient number 18, who came in that first week, is still coming in for care! He was wheezing pretty badly that day from asthma, and I can tell you in those years, we had crop dusters flying almost constantly during the season, spraying even while cotton choppers were in the fields. And I know for sure, his life was spared, because YOU helped provide his home nebulizer and have continued to help with his medications over the years.

Now, we have registered over 22,200 new patients since that first busy day, helping them as best we can to improve and maintain their health (And that we is you and our staff together!) YOU are essential!

It has also been our privilege over the years to accompany many of our patients on their final journey Home. Most recently I had a special experience:

His quiet prostate cancer of many years had begun to smolder again. Visits to the oncologist resulted in yet more treatment...but now his eyes and skin had turned yellow, and he sat in my office to hear what I had to say. He knew what I would say, so I simply said I didn't think he needed to make the 100+ mile trip to Memphis any more. Quickly he agreed. We talked a little more as I held his hand and saw his brave and determined look, and said I would be with him on his journey. And so I went by his house, morning and evening, each time yelling my name loudly to get past his hearing loss. He quietly slid deeper into his hepatic coma, once asking loudly, "Where's the doctor?" as I was holding his hand. I was there really for his dear wife of 52 years, who had turned into an instant nurse, up at all hours because of a new groan or change in breathing, like all of you who have accompanied a loved one on that same journey. What a privilege to share that time with her as well! And then, after that long week, he slipped away one night, now able to leave his family in peace and return to God.

Medicine Needs

A cold and rainy spring has been followed by hazy, hot and humid summer days. Planting was delayed but crops are playing catch up in growth. Our medicine needs continue to grow too. It is through donations and physician samples that we try to fill the gap while accessing available medication assistance programs of pharmaceutical companies.

Your physician/nurse practitioner may have samples he/she is not using. Here's our wish list:

Our medicine needs are:

ACE inhibitors (Norvasc) ARBs)
Calcium Channel blockers
B-blockers
Inhalers(Albuterol, Spiriva, Advair,)
Anti-lipids(Zocor, Lipitor)
Antibiotics(Keflex, Amoxicillin, Zithromax, Cipro)
Oral anti-diabetic(Glucophage, Diabeta etc)

We can use generic over the counter medicines such as :

Prilosec, Pepcid etc
Ibuprofen, Naproxyn, Tylenol, Aspirin 81 mg
Claritin, Zyrtec
all type of sugar-free cough and cold tablets and pills.
All types of creams: cortizone, anti-fungal and antibiotic
Multiple Vitamins

Supplies:

ace wraps (new 2,3,4 inch)
sterile 4x4's

Needs List

Socks – men's, women's & children's
Small Bingo & birthday gift items
Household items
--rugs, towels, curtains
--kitchen tools, pots, pans
New bed sheets for quilt backs
--180 thread count or more
--navy, cream, maroon, light blue
Corduroy at least 1 yd. long
Roll cutter blades (size 45 mm)
Quilt thread---maroon, cream
Dark Green and baby Fabric

Hand lotion, Deodorant, soap, etc.
McDonald's & Wal-Mart gift cards
Ecology tote bags (as in grocery stores etc.)
School supplies
--loose leaf paper, spiral notebooks
--composition books
--primary grade printing tablets
--calculators
--highlighters, magic markers, dry eraser markers.
--ball point pens, colored pencils, regular pencils, mechanical

News from the Tutwiler Community Education Center (TCEC) (your neighbors down the block)

Summer happenings at TCEC.

Summer at TCEC is a fun time for all especially for children and teens. We have programs and activities for children and teens Monday through Saturday. We provide enrichment and sports activities that keep the children and teens off the streets and having a good time at the Center. Here are a few pictures that will give you an idea of what happens at TCEC during June and July. Children in Tallahatchie County go back to school around August 9, 2013 .



Teen Helper Mary Tyler (left) helps Courtney make a bracelet out of beads



Thanks to some generous donations, TCEC was able to buy a "Wii." Teenagers love to do the dance programs. Good exercise and lots of fun.



Tennis at TCEC! We were able to have a tennis teacher from Clarksdale come to the Center every afternoon for a week to teach the children tennis. They loved it! We are continuing playing in the gym at least once a week to give the children a place to practice. Just beginners, but a lot of potential!



Teen Helper (center) Starnedra helps the children in the cooking class. Cooking Class is a big favorite. They get to make the healthy snacks the children will eat before going home. Great fun as well as learning about tasty healthy snacks.



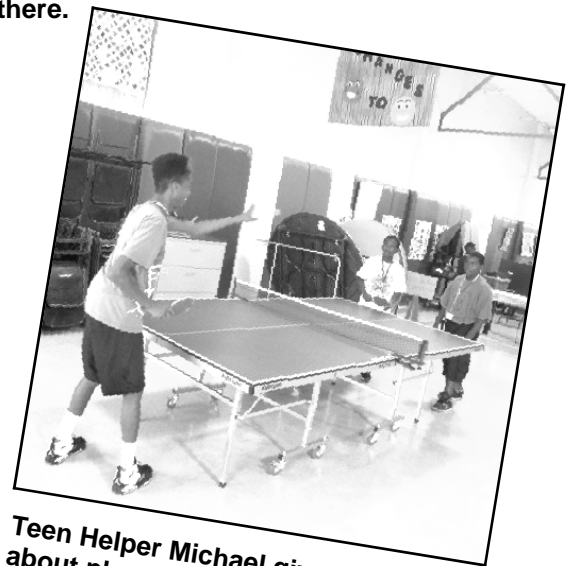
Selling our Tutwiler Quilted items at the JUKE JOINT FESTIVAL in Clarksdale is always fun. Lucinda Berryhill (far right) chats with potential customers, answers questions and tells them about our Quilt Program.



Swimming is a fun part of the TCEC Summer Program. We bring the children and teens to a pool in Clarksdale (15 miles away) three times a week. One of the field trips we take the children and teens on is to an Aquatic Center in Tunica about 40 miles away. Lots of other fun activities there.



Willie Williams, one of our Teen Helpers helps the teens learn how to swim at the Aquatic Center.



Teen Helper Michael gives some tips about playing pingpong to Cordero (L) and Thaddeus (R).



Senior Citizens brought their best "church clothes" and modeled them in a fashion show. Never too old to "strut your stuff!!"



U.S. Congressman Bennie Thompson visited Tutwiler to lend his support to Nichole Harris who was running for Mayor of Tutwiler. We are happy to say she won!



J.D. Smith (center) and friends pour slab for West Tallahatchie Habitat House #40!

The Extra Mile:

A 'suspicious finding' on an x-ray led to more tests in the days and week that followed. His 'truck was down' and so the clinic van driver assured that he would keep appointments. Finally a biopsy was scheduled and "I need to be at the hospital at 6:00 am!" Theresa Farmer, Public Relations staffer and also van driver, responded with an immediate 'I can do it. We will be on the road at 5:00am'

The Clinic has continued to provide rides to treatment sessions. Conversations on the road to and from appointments, clarifying information for and with a patient, sharing a lunch between appointments... these provide the extra support patients need in difficult situations. "I really love being the van driver for Tutwiler Clinic. It gives me the opportunity to show love and support for the patients, especially for the ones that don't have the family support they need.' The extra mile is all about the relationships and removing the barriers to health care, one person at a time.



Theresa Farmer

Let It Rain!



Much needed new roof for Tutwiler Clinic!

TUTWILER COMMUNITY EDUCATION CENTER STAFF

FULL TIME

Sr. Maureen Delaney SNJM, Executive Director
Lucinda Berryhill, Administrative Assistant
Mary Ann Willis-Mackey, Assistant to the Director
Mary Ann Meeks, Assistant to the Director

PART TIME

Genether Miller-Spurlock, Education
Co-ordinator
Sr. Joann Blomme, O.P., Quilt Program
Gloria Young, Maintenance
Allie Lewis, Maintenance
Peggy Young, Children's Programs
Linda Johnson, Tonya Rembrant, James Webb,
P.E. Teachers
6 Part time Coaches
12 Teen Helpers



Ceiling repairs at the Bargain Barn made by the Sheil Center workers after-rain damage. (See 'Rain, rain...' page 2)

People at the Clinic



Amanda Jackson, Med Asst.
 student from San Joaquin
 Valley College, Corona, CA,
 externed at Tutwiler Clinic.



CONGRATULATIONS!

Teresa Farmer, center, Public Relations staffer at the clinic, graduated from Coahoma Community College with her two daughters, Shawanda Farmer, left, and Sherika Farmer Metcalfe. Shawanda earned her degree in pre-nursing, Teresa's degree is in early childhood technology and Sherika's is in early childhood education.



Dabi Chung, third year student at William Carey University College of Osteopathic Medicine, Hattiesburg, MS.

Would you like to have your Tutwiler Clinic newsletter delivered electronically?

You could:

- save a tree
- save postage
- have your newsletter at your fingertips wherever you are

Just send your e-mail address asking for electronic delivery to:

cindyherring71@yahoo.com

Staff of the Tutwiler Clinic

MEDICAL

Sister Anne Brooks, D.O.
 David Levine, D.O.
 Sister Eileen Breen, FNP
 Maria Ozua, FNP
 Sister Cora Lee Middleton, RN
 C.J. Aldridge, RN Josie K. Smith, RN
 Katina White, RN
 Jewel Unruh, RN* Annie Williams RN*
 Jesse Aguilar, MLT
 CeeCee Collins, LPN Carolyn Mack, LPN
 Shelly Hill Dianna Rushing
 Chanda Lee Gloria Davis
 Maxine Stanley*

OFFICE

Geneva Byrd, Office Manager
 JoJo Gipson Annette Maiden
 Rane Smith Betty Barbieri*
 Sandra Brown*

SUPPORT STAFF

Dorothy Dodd Gloria Jones
 Teresa Farmer Bobbie McDaniel*
 Magnolia Wilson* Sister Joann Blomme
 Cindy Herring
 (*Part-time)



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Donations graciously accepted and always needed
All donations are tax-exempt!
Tutwiler Clinic
 _____ Wherever most needed

The Tutwiler Community Education Center
 _____ program

The Tutwiler Clinic and the Tutwiler Community Education are both a 501(c)(3) charity.
 Thank you for all you send—large and small!

Have you considered including the Tutwiler Clinic in your will ?

Quilts	approximate size	Postage
Twin	66" x 96"	\$ 25.00
Full	81" x 96"	\$ 30.00
Queen	90" x 102"	\$ 35.00
King	108" x 102"	\$ 40.00
Baby	36" x 48"	\$ 12.00
Bags		
		\$ 25.00
		\$ 10.00
Table Runners		
		\$ 45.00
Place Mats (set of 4)		
		\$ 40.00
Pot Holders		
		\$ 7.00
		\$ 5.00
Wall Hangings		
	36" x 48"	\$ 80.00
	20" x 40"	\$ 45.00
	12" x 18"	\$ 10.00
Cards	\$1.50 each or .5 for 7.00	\$ 5.00